

PREPARING FOR YOUR PROCEDURE

Fasting

- Do not drink or eat anything, including mints, gum, candy, coffee, and water, 8 hours prior to your surgery time.
- Prescribed medications may be taken with a small sip of water in the morning.
- If you are diabetic, do not take insulin and/or oral diabetic medications the morning of surgery.

Transportation

- An adult driver must accompany you and remain available and onsite during the procedure.
- Please only bring one guest as your driver.
- You cannot take public transportation such as taxi, Uber, Lyft, etc. Your driver must be someone you know or a medical transportation service to ensure you get home safely.

Personal Items

- Please leave all jewelry at home.
- Bring rescue inhalers with you the day of surgery.
- If you require portable oxygen, please bring a portable tank with you to surgery.

Smoking

- No smoking the day of your surgery.

Duration at the Center

- The time spent at our center averages approximately 2 to 3 hours.

Other Important Information

- Please bring a list of all medications, including medication names and dosages.
- Glaucoma drops may be taken as usual.
- Bathe or shower prior to surgery. Remove any makeup the night before surgery, especially mascara. Do not wear facial products or scented products the day of surgery.
- Please ensure you have obtained your post-operative drops prior to your procedure.
- Report any health changes to us between now and your procedure date.

Failure to follow these guidelines may result in the cancellation of your surgery.