

PREPARING FOR YOUR PROCEDURE

Fasting

- Do not drink or eat anything, including mints, gum, candy, coffee, and water, 8 hours prior to your surgery time.
- Prescribed medications may be taken with a small sip of water in the morning.
- If you are diabetic, do not take insulin the morning of your surgery. Do take your oral diabetic medications as prescribed the morning of surgery. Please bring your insulin with you on day of surgery.

Transportation

- An adult driver must accompany you and remain available and onsite during the procedure.
- Please only bring one guest as your driver.
- You cannot take public transportation such as taxi, Uber, Lyft, etc. Your driver must be someone you know or a medical transportation service to ensure you get home safely.

Personal Items

- Please leave all jewelry at home.
- Bring rescue inhalers with you the day of surgery.
- If you require portable oxygen, please bring a portable tank with you to surgery.

Smoking

- No smoking the day of your surgery.

Duration at the Center

- The time spent at our center averages approximately 2 to 3 hours.

Other Important Information

- Please bring a list of all medications, including medication names and dosages.
- Glaucoma drops may be taken as usual.
- Bathe or shower prior to surgery. Remove any makeup the night before surgery, especially mascara. Do not wear facial products or scented products the day of surgery.
- Please ensure you have obtained your post-operative drops prior to your procedure.
- Report any health changes to us between now and your procedure date.

Failure to follow these guidelines may result in the cancellation of your surgery.